

Outstanding Performance by Students (2019-2020)

Athletics						
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	100m	2 nd runner-up	Miu Wai Yan (5 Mark)	
			200m	2 nd runner-up		
			100m	3 rd runner-up	Wu Cheuk Kan (6 Luke)	
			800m	3 rd runner-up	Lee Wing Lui (6 John)	
			1500m	2 nd runner-up		
			Javelin	3 rd runner-up	Chan Ying Ching (6 John)	
			Long Jump	1 st runner-up	Wan Sui Ting (5 John)	
			4x100m Relay	2 nd runner-up	Ho Sin Ping (5 Matthew) Miu Wai Yan (5 Mark) Wan Sui Ting (5 John) Wu Cheuk Kan (6 Luke)	
			4x100m Relay	2 nd runner-up	Kwok Ying Tung (5 Matthew) Fong Yee Ting Angela (5 Mark) Sin Lok Yin (5 Mark) Lee Wing Lui (6 John)	
			School Team	1 st runner-up	Wu Chung (4 John) Ho Sin Ping (5 Matthew) Kwok Ying Tung (5 Matthew) Li Kam Wing (5 Matthew) Cheung Wing Yan (5 Mark) Fong Yee Ting Angela (5 Mark) Miu Wai Yan (5 Mark) Sin Lok Yin (5 Mark) Wan Sui Ting (5 John) Chan Yan Yi (6 Matthew) Yip Sin Tung (6 Matthew) Wu Cheuk Kan (6 Luke) Chan Ying Ching (6 John) Lee Wing Lui (6 John)	
Girls	B Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	200m	3 rd runner-up	Lau Yik Suen (3 Matthew)	
			400m	3 rd runner-up		
			800m	1 st runner-up	Ma Yingyin (3 John)	
			1500m	2 nd runner-up		
			4x400m Relay	2 nd runner-up	Chan Wing Yu (3 John) Ma Yingyin (3 John) Tsang Hoi Ying (3 John) Wan Chung Yin (4 John)	
			School Team	2 nd runner-up	Lau Yik Suen (3 Matthew) Fung Tsz Ying (3 Mark) Chan Wing Yu (3 John) Chiu Hoi Ching (3 John) Ma Yingyin (3 John) Ng Ming Yuet (3 John) Tsang Hoi Ying (3 John) Lai Wing Yan (4 Matthew) Wan Chung Yin (4 John)	
Girls	Youth Group C	Shatin District Age Group Athletic Meet 2019	100m	Champion	Miu Wai Yan (5 Mark)	
			100m	1 st runner-up	Wu Cheuk Kan (6 Luke)	
			200m	Champion	Ho Sin Ping (5 Matthew)	
			1500m	2 nd runner-up	Lee Wing Lui (6 John)	
			Javelin	1 st runner-up	Chan Ying Ching (6 John)	
			Shot Put	2 nd runner-up	Chan Yan Yi (6 Matthew)	
	4x400m Relay		2 nd runner-up	Kwok Ying Tung (5 Matthew) Fong Yee Ting Angela (5 Mark) Sin Lok Yin (5 Mark) Wu Ching (4 John)		
	Youth Group D			100m	2 nd runner-up	Lau Yik Suen (3 Matthew)
				200m	1 st runner-up	
				400m	1 st runner-up	Wan Chung Yin (4 John)
				800m	Champion	Ma Yingyin (3 John)
				1500m	Champion	Tsang Hoi Ying (3 John)
				Shot Put	Champion	Ng Ming Yuet (3 John)
				High Jump	2 nd runner-up	Chiu Hoi Ching (3 John)
				Long Jump	Champion	Wan Sui Ting (5 John)
				4x100m Relay	1 st runner-up	Lau Yik Suen (3 Matthew) Chiu Hoi Ching (3 John) Fung Tsz Ying (3 Mark) Lai Wing Yan (4 Matthew)

Athletics					
Girls	Youth Group D	Shatin District Age Group Athletic Meet 2019	4x400m Relay	Champion	Chan Wing Yu (3 John) Ma Yingyi John (3 John) Tsang Hoi Ying (3 John) Wan Chung Yin (4 John)
	Youth Group E		20m	Champion	Sin Mei Lok (1 John)
Girls	Open	Easy Sport Competition 2019	Orienteering	2 nd runner-up	Chow Long Yi (3 Matthew)
Boys	B Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	100m	3 rd runner-up	Wong Pui Kit (3 Matthew)
			1500m	3 rd runner-up	Tsui Tsz Wai (3 John)
			800m	1 st runner-up	
Boys	Youth Group D	Shatin District Age Group Athletic Meet 2019	400m	2 nd runner-up	Lam Chin Long (3 Mark)
			800m	1 st runner-up	Tsui Tsz Wai (3 John)
			1500m	1 st runner-up	
			Shot Put	2 nd runner-up	Alamdin Osman (3 Mark)
			Discuss	2 nd runner-up	
			4x100m Relay	Champion	Wong Pui Kit (3 Matthew) Law Chun Kit (3 Matthew) Lam Chin Long (3 Mark) Kwong Yu Hin (3 Luke)
Basketball					
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Basketball Competition		5 th runners-up	Chu Mei Ni (3 Luke) Liu Wun Ki (3 Luke) Li Sze Kuk (3 John) Ko Yi Tung (4 Luke) Chiu Ho Tung Chelsea (4 John) Li Kam Wing (5 Matthew) Cheung Wing Yan (5 Mark) Au Yeung Lok Yin (5 Luke) Tsang Hang Shuen (5 John) Fan Lok Sum (6 Matthew) Chiang Laam (6 Matthew) Tsang Wai Lam (6 Matthew) Chao Ying Chin (6 Mark) Lin Hiu Kei (6 Mark) Lam Kei Kwan (6 John)
男子	公開組	香港道教聯合會 道教青年團主辦 學界籃球四角邀請賽		殿軍	周進樂 (中三若望班) 麥景煒 (中三若望班) 區景旻 (中四瑪竇班) 盧熹擘 (中四瑪竇班) 張晉峰 (中四馬爾谷班) 李家熙 (中四路加班) 譚信謙 (中四路加班) 黃建義 (中四路加班) 張子迅 (中五瑪竇班) 劉俊希 (中五瑪竇班) 李榮陞 (中五路加班) 黃傲熙 (中五路加班) 何諾文 (中五若望班) 黃晞倫 (中五若望班) 余啓榮 (中六瑪竇班) 余振鋒 (中六瑪竇班) 黃釗朮 (中六路加班) 黃泓睿 (中六若望班)
	乙組	YMCA 福音盃籃球賽 2019		亞軍	廖永康 (中三瑪竇班) 林子淳 (中三馬爾谷班) 繆栢軒 (中三路加班) 周進樂 (中三若望班) 麥景煒 (中三若望班) 區景旻 (中四瑪竇班) 盧熹擘 (中四瑪竇班) 張晉峰 (中四馬爾谷班) 李家熙 (中四路加班) 譚信謙 (中四路加班) 黃建義 (中四路加班)

Basketball						
男子	丙組	YMCA 福音盃籃球賽 2019	殿軍	張凱軒 (中一瑪竇班) 朱俊諾 (中一瑪竇班) 關浩聰 (中一瑪竇班) 高樂行 (中一瑪竇班) 黃頌捷 (中一瑪竇班) 黎學堯 (中一瑪竇班) 黃頌文 (中一瑪竇班) 徐卓翹 (中一馬爾谷班) 何啟匡 (中一馬爾谷班) 譚永鏗 (中一路加班) 曾錦曦 (中一路加班) 梁家鉞 (中一若望班) 溫子熙 (中一若望班) 溫子然 (中一若望班)		
Cross Country						
Girls	B Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Cross Country Competition	Individual	7 th runner-up	Ma Yingyin (3 John)	
			School Team	6 th runners-up	Wu Tsz Ching (2 Luke) Chow Long Yi (3 Matthew) Yeung Hay Yi (3 Matthew) Chan Wing Yu (3 John) Tsang Hoi Ying (3 John) Wan Chung Yin (4 John)	
Rope Skipping						
女子	公開組	第四屆全港學界跳繩比賽	4×30秒 混合速度 接力賽	亞軍	李逸晴 (中六路加班)	
				亞軍	馮曉嵐 (中六馬爾谷班)	
亞軍	梁正純 (中六馬爾谷班)					
亞軍	曹曉嵐 (中四路加班)					
男子	初級組		第四屆全港學界跳繩比賽	二重跳	冠軍	關馥灝 (中二馬爾谷班)
				30秒單側迴旋 速度賽	季軍	關馥灝 (中二馬爾谷班)
				30秒單車步 速度賽	季軍	關馥灝 (中二馬爾谷班)
				二重跳	冠軍	李朗日 (中二瑪竇班)
30秒單側迴旋 速度賽	季軍	李朗日 (中二瑪竇班)				
30秒前繩速度賽	季軍	李朗日 (中二瑪竇班)				
Taekwondo						
男子	公開組	亞洲青少年跆拳道錦標賽		個人第七名	陳頌賢 (中六若望班)	
			雙人第七名	陳頌賢 (中六若望班)		
		2019年全國青少年跆拳道分齡賽	亞軍	陳頌賢 (中六若望班)		
		2019年全國青少年跆拳道總決賽	冠軍	陳頌賢 (中六若望班)		
Outstanding Athlete Award						
A.S. Watson Group Hong Kong Student Sport Awards organized by A.S. Watson Group Fan Lok Sum (6 Matthew)						
Outstanding Junior Athlete Awards 2019 4th Quarter Winners organized by Hong Kong Sports Institute Certificate of Merit – Chan Chung Yin (6 John)						
運動燃希望基金傑出青少年運動員選舉 2019 第四季 (成人品勢組 – 優異獎) – 陳頌賢 (中六若望班)						
沙田區傑出學生運動員協會主辦 第六屆沙田區傑出學生運動員選舉 (優異嘉許狀) – 黃卓謙 (中四馬爾谷班)、雲瑞婷 (中五若望班)						
Biology						
Hong Kong Biology Literacy Award 2020 organized by The Hong Kong Association for Science and Mathematics Education) First Class Honour Sung Fung Man (6 Matthew), Pang Leong Chak (6 Mark)						
Second Class Honour Li Chun Lok (6 Mark), Wong Ka Chun (6 Mark)						
Third Class Honour Fan Lok Sum (6 Matthew), Chao Ying Chin (6 Mark)						
International Biology Olympiad – Hong Kong Contest 2019 organized by The Hong Kong Academy for Gifted Education Bronze Award - Li Chun Lok (6 Mark)						

<i>Chinese</i>		
第七十一屆香港學校朗誦節		
詩詞獨誦（粵語）	亞 軍	單樂妍（中五馬爾谷班）
	優良獎狀	麥穎晞（中二馬爾谷班）、林芝彤（中五馬爾谷班）、余林娜（中五若望班）
詩詞獨誦（普通話）	良好獎狀	錢孝慶（中二若望班）、李東照（中一瑪竇班）
	優良獎狀	許錦航（中二若望班）、梁焯熙（中一若望班）
散文獨誦（普通話）	良好獎狀	江天愉（中一若望班）
鄧淑楠（中一路加班） 第二十四屆全港中小學中英文硬筆書法比賽 初級優秀入圍獎 — 周玫婷（中三若望班） 高級優秀入圍獎 — 沈志濤（中五瑪竇班）		
<i>English</i>		
The 71st Hong Kong Schools Speech Festival		
Public Speaking Team	First	Fan Lok Sum (6 Matthew), Lee Chun Siu (6 Mark), Ma Yee Mei (6 Mark),
Solo Verse Speaking	Second	Leung Mei Yan Kristine (2 John)
Dramatic Duologue	Third	Chan Ki Lung (4 Mark), Kwan Tsz Tung (4 John)
<i>Economics</i>		
Hong Kong Liberal Studies – Financial Literacy Championship 2020		
Award for Enthusiastic Participation		
<u>Individual Award</u>		
Award of Excellence – Chung Ho Man (5 Matthew)		
<i>History</i>		
The Junior Secondary History e-Reading Award Scheme organized by Education Bureau, The University of Hong Kong e-Learning Development Laboratory		
<u>Certificate of Merit</u>		
Chau Chun Lok (3 John), Wong Yu Ming (3 John), Chan Wing Yu (3 John), Chan Yin Tsun (3 John), Cheung Ka Yiu (3 John), Ko Cheuk Chi (3 John), Leung Wing Ka (3 John), Ng Ming Yuet (3 John), Chau Hyatt (2 John), Chou Cheuk Yan Ambrose (2 John), Chien Hok Hing (2 John)		
<i>Integrated Science</i>		
International Junior Science Olympiad 2020		
2 nd Honour : Lin Joshua Sing Hei (3 John)		
3 rd Honour : Tsui Tsz Wai (3 John)		
<i>Mathematics</i>		
The Secondary School Mathematics and Science Competition 2019 organized by The Hong Kong Polytechnic University		
<u>High Distinction (Top 15%)</u>		
Ng Yu Chun Thomas (6 Matthew)		
「華夏盃」全國數學奧林匹克邀請賽 2020（香港賽區）初賽		
<u>一等獎</u>		
鄧承湧（中二若望班）		
<u>二等獎</u>		
劉浩陽（中一路加班）、梁家鉞（中一若望班）、施俊賢（中二若望班）、黎彪（中二若望班）、徐梓為（中三若望班）		
<u>三等獎</u>		
朱俊諾（中一瑪竇班）、冼美樂（中一若望班）、梁焯熙（中一若望班）、巫栢然（中一若望班）、胡軒鳴（中二瑪竇班）、余凱文（中二馬爾谷班）、陳丹妮（中二路加班）、周詠喬（中二路加班）、周卓胤（中二若望班）		
Thailand International Mathematics Olympiad Heat Round 2019-2020		
Silver Award : Chou Cheuk Yan Ambrose (2 John)		
Thailand International Mathematics Olympiad Semi-Final 2019-2020		
Merit Award : Chou Cheuk Yan Ambrose (2 John)		
<i>Music</i>		
Joint School Music Competition		
Secondary School Brass Solo (Trumpet) – Intermediate Level		
Golden Award : Chou Cheuk Yan Ambrose (2 John)		
<i>Physics</i>		
The Secondary School Mathematics and Science Competition 2019 organized by The Hong Kong Polytechnic University		
<u>High Distinction (Top 15%)</u>		
Tong Ho Long (6 Matthew), Li Chun Lok (6 Mark)		
<i>STEM Education</i>		
機械人、科藝及綠色創意科普計劃 - 六藝創意比賽 2019		
<u>中學組「射藝」三等獎</u>		
甘尚明（中五瑪竇班）、馮淳德（中五馬爾谷班）、李祉朗（中四瑪竇班）、曹錦濤（中四瑪竇班）、梁嘉瑜（中四馬爾谷班）		

STEM Education

EIE Robotic Challenge Junior 2019 : AI Robot

First Class Award

Team A

Fung Ting Wai (5 Luke), Yip Po Yi (5 John), Leung Cheuk Ki (4 Matthew), Leung Ka Yu (4 Mark)

Team B

Chan Kam Ho (4 Matthew), Lee Tsz Long (4 Matthew), Tso Kam To (4 Matthew), Chan Chun Yin (4 Luke)

Best Design Award

Team A

Fung Ting Wai (5 Luke), Yip Po Yi (5 John), Leung Cheuk Ki (4 Matthew), Leung Ka Yu (4 Mark)

Visual Arts

Joy of Art – Irene Chou Response Show organised by the Asia Society Hong Kong Center

Excellence Award (Youth Division)

Chan Yin Tsun (3 John), Lau Ka Kin (3 John)

Inter-school Desk Re-design Competition organised by HKSEA

Honorably Short-listed

Tan King Hei (4 Matthew), Chan Man Sze (4 Mark), Lee Pui Ying (4 Mark), Yau Ka Yuet (4 Mark), Chan Yui Wa (4 Luke)

Individualized Learning Support Team

Remote Controlled Car Race organized by The Hong Kong Remote Controlled Car Association Limited

Champion (Individual Group C) - Yau Cho Him (4 Mark)

1st runner-up (Individual Group B) - Kwok Ho Man (4 Luke)

Pastoral Care Team

天主教四旬期運動 2020 四旬期愛心學校獎勵計劃

四旬期信德獎狀

四旬期愛心攝影比賽 2020 (初中組) 冠軍 — 王瑜銘 (中三若望班)

Red Cross

2018-2019 年度團隊獎項：

沙田南區傑出青年團比賽 — 冠軍

香港紅十字會 (新界東總部) 傑出青年團比賽 — 亞軍

香港紅十字會 (新界東總部) 服務盾 — 亞軍

香港紅十字會 (新界東總部) 訓練盾 — 季軍

香港紅十字會校園健康大使最積極參與獎

2019-2020 年度個人獎項：

香港紅十字會 (新界東總部) 傑出青年會員 2019 — 譚兆芝 (中六馬爾谷班)

青年榮譽章：黃卓祺 (中六瑪竇班)、譚兆芝 (中六馬爾谷班)

青年志願服務：

金獎：劉雅善 (中六瑪竇班)、楊梓譽 (中六瑪竇班)、黃卓祺 (中六瑪竇班)、譚兆芝 (中六馬爾谷班)

銀獎：周益偉 (中五瑪竇班)、林昉誼 (中五馬爾谷班)、范慈恩 (中四瑪竇班)、廖綽妍 (中四瑪竇班)

銅獎：梁愷恩 (中四路加班)、陳樂澄 (中四若望班)、李卓遙 (中四若望班)、危巧霖 (中四若望班)

Outstanding Student Award

The 12th Arts Ambassadors-in-School Scheme organized by Hong Kong Arts Development Council

Kwan Ho Yan (4 John), Yau Ka Yuet (4 Mark)

Hong Kong Young Ambassador Scheme 2019-2020

Hong Kong Young Ambassador – Miu Wai Yan (5 Mark)

Gifted Education

The Hong Kong Academy for Gifted Education

Chan Tak Ching (2 John), Chou Cheuk Yan Ambrose (2 John), Li Wing Shing (2 John), Sze Cheuk To (2 John),

Leung Mei Yan Kristine (2 John), Wan Yui Ping (2 John)

Outstanding Performance of Graduates

The Hong Kong University of Science and Technology

<i>Name</i>	<i>Programme</i>	<i>Award</i>
Yeung Kin Yiu	School of Engineering	Dean's List

City University of Hong Kong

<i>Name</i>	<i>Programme</i>	<i>Award</i>
Kwan Wing Lam Natalie	Bachelor of Business Administration (Marketing)	Student Marketing Consultancy Project Award

Hong Kong Baptist University

<i>Name</i>	<i>Programme</i>	<i>Award</i>
Chan Wing Yee	Associate of Arts (Journalism)	President's Honour Roll
Lee Kam Fung	Associate of Arts (History and Hong Kong Studies)	President's Honour Roll
Cheung Hoi Ying	Associate of Arts (Visual Arts)	Dean's List
Cheung Pak Lun	Associate of Science (Social and Public Policy Studies)	Dean's List
Lee Ho Yin	Associate of Science (Social and Public Policy Studies)	Dean's List
Ong Hiu Lam	Associate of Arts (Journalism)	Dean's List