

**Outstanding Performance of Students (2018-2019)**

Athletics					
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	400m	3 <sup>rd</sup> runner-up	Fan Lok Sum (5 Matthew)
			800m	2 <sup>nd</sup> runner-up	Fan Lok Sum (5 Matthew)
			Discus	2 <sup>nd</sup> runner-up	Ng Fong Ki (6 John)
			4 x 100m Relay	3 <sup>rd</sup> runner-up	Ho Sin Ping (4 Matthew) Fan Lok Sum (5 Matthew) Wu Cheuk Kan (5 Luke) Ng Fong Ki (6 John)
			100m	1 <sup>st</sup> runner-up	Miu Wai Yan (4 Mark)
	B Grade		100m	3 <sup>rd</sup> runner-up	Fong Yee Ting Angela (4 Mark)
			100m Hurdles	1 <sup>st</sup> runner-up	Wan Sui Ting (4 John)
			Long Jump	3 <sup>rd</sup> runner-up	Wan Sui Ting (4 John)
			800m	1 <sup>st</sup> runner-up	Ma Yingyin (2 John)
			1500m	3 <sup>rd</sup> runner-up	Ma Yingyin (2 John)
			Shot Put	Champion	Liu Wun Ki (3 Matthew)
			Discus	3 <sup>rd</sup> runner-up	Liu Wun Ki (3 Matthew)
			4 x 100m Relay	Champion	Miu Wai Yan (4 Mark) Fong Yee Ting Angela (4 Mark) Sin Lok Yin (4 Mark) Wan Sui Ting (4 John)
			4 x 400m Relay	1 <sup>st</sup> runner-up	Ma Yingyin (2 John) Wu Ching (3 Matthew) Wan Chung Yin (3 Luke) Kwok Ying Tung (4 Matthew)
			C Grade	200m	3 <sup>rd</sup> runner-up
	800m			Champion	Tsang Hoi Ying (2 John)
	1500m			1 <sup>st</sup> runner-up	Tsang Hoi Ying (2 John)
	400m			2 <sup>nd</sup> runner-up	Chan Wing Yu (2 John)
	4 x 100m Relay			2 <sup>nd</sup> runner-up	Fung Tsz Ying (2 Luke) Lau Yik Suen (3 Luke) Chan Wing Yu (2 John) Chiu Hoi Ching (2 John)
Girls	Group D	Shatin District Age Group Athletics Meet 2018	100m	2 <sup>nd</sup> runner-up	Lau Yik Suen (2 Luke)
			1500m	2 <sup>nd</sup> runner-up	Tsang Hoi Ying (2 John)
			400m	1 <sup>st</sup> runner-up	Wu Ching (3 Matthew)
			Shot Put	1 <sup>st</sup> runner-up	Liu Wun Ki (3 Matthew)
	Group C		Long Jump	1 <sup>st</sup> runner-up	Wan Sui Ting (4 John)
			800m	Champion	Fan Lok Sum (5 Matthew)
			1500m	1 <sup>st</sup> runner-up	Kwok Shan Shan (5 Matthew)
			Shot Put	1 <sup>st</sup> runner-up	Chan Yan Yi (5 Matthew)
			100m	2 <sup>nd</sup> runner-up	Wu Cheuk Kan (5 Luke)
			1500m	Champion	Lee Wing Lui (5 John)
			Javelin	2 <sup>nd</sup> runner-up	Chan Ying Ching (5 John)
Javelin	1 <sup>st</sup> runner-up	Yip Hon Lam (6 Matthew)			
Shot Put	Champion	Ng Fong Ki (6 John)			
Girls	Junior Group	The 33 <sup>rd</sup> New Territories District Athletic Competition	800m	Champion	Ma Yingyin (2 John)
			800m	2 <sup>nd</sup> runner-up	Tsang Hoi Ying (2 John)
	Youth Group		4 x 100m Relay	2 <sup>nd</sup> runners-up	Miu Wai Yan (4 Mark) Wan Sui Ting (4 John) Fan Lok Sum (5 Matthew) Lee Wing Lui (5 John)
Girls	A Grade Open	The 72 <sup>nd</sup> South China Athletic Association	800m	1 <sup>st</sup> runner-up	Fan Lok Sum (5 Matthew)
	Individual	Smoke-free Run	3km	2 <sup>nd</sup> runner-up	Chow Long Yi (2 Matthew)
	丙組	分區公園定向錦標賽		殿軍	周朗怡 (中二瑪璽班)
	個人 12-15 歲組別	CP 雞蛋活力跑	3 公里	冠軍	曾凱瑩 (中二若望班)
	個人 12-13 歲組別	創新競跑	3 公里	冠軍	曾凱瑩 (中二若望班)
	個人 12-15 歲組別	2019 Run in アメ横丁	3 公里	冠軍	曾凱瑩 (中二若望班)
	學生組	校服跑 2019	4 公里	亞軍	曾凱瑩 (中二若望班)
	少年組	曲奇跑 2018	3 公里	亞軍	曾凱瑩 (中二若望班)
	少年組	UNICEF慈善跑 2018	3 公里	亞軍	曾凱瑩 (中二若望班)
	個人 12-13 歲組別	香港 Guy X 美津濃跑	3 公里	季軍	曾凱瑩 (中二若望班)
	少年組	博愛老夫子香港慈善跑	3 公里	季軍	曾凱瑩 (中二若望班)
青年組	Sogo Run 2019	3 公里	季軍	曾凱瑩 (中二若望班)	

Girls	B Grade Open	飛越啟德 「第 25 屆公民青少年 田徑錦標 2019」	4x100m	Champion	Fong Yee Ting Angela (4 Mark) Miu Wai Yan (4 Mark) Sin Lok Yin (4 Mark) Wan Sui Ting (4 John)		
			800m	2 <sup>nd</sup> runner-up	Ma Yingyin (2 John)		
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	School Team	4 <sup>th</sup> runners-up	Ho Sin Ping (4 Matthew) Fan Lok Sum (5 Matthew) Kwok Shan Shan (5 Matthew) Yip Sin Tung (5 Matthew) Chan Yan Yi (5 Matthew) Wu Cheuk Kan (5 Luke) Chan Ying Ching (5 John) Lee Wing Lui (5 John) Yip Hon Lam (6 Matthew) Ng Fong Ki (6 John)		
	B Grade		School Team	Champion	Ma Yingyin (2 John) Wu Ching (3 Matthew) Liu Wun Ki (3 Matthew) Wan Chung Yin (3 Luke) Wong Jia Bei Belinda (3 John) Lai Wing Yan (3 John) Kwok Ying Tung (4 Matthew) Tung Nam Ling (4 Matthew) Li Kam Wing (4 Matthew) Miu Wai Yan (4 Mark) Fong Yee Ting Angela (4 Mark) Sin Lok Yin (4 Mark) Cheung Wing Yan (4 Mark) Chan Wing Nam (4 Mark) Wan Sui Ting (4 John)		
Girls	C Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	School Team	3 <sup>rd</sup> runners-up	Wu Tsz Ching (1 Mark) Mak Nga Man (1 John) Chau Hyatt (1 John) Leung Ka Yiu (2 Matthew) Fung Tsz Ying (2 Luke) Lau Yik Suen (2 Luke) Chan Wing Yu (2 John) Chiu Hoi Ching (2 John) Tsang Hoi Ying (2 John) Ng Ming Yuet (2 John)		
	Overall		School Team	2 <sup>nd</sup> runners-up			
Girls & Boys	中學組	齊步上怡廈 2019 校際接力賽		冠軍	麥雅雯 (中一若望班) 徐梓為 (中二若望班) 雲瑞婷 (中四若望班) 余振鋒 (中五瑪竇班) 范樂心 (中五瑪竇班) 李詠蕾 (中五若望班)		
Boys	C Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Athletics Competition	100m	Champion	Wong Pui Kit (2 Matthew)		
			Long Jump	Champion	Wong Pui Kit (2 Matthew)		
			1500m	Champion	Tsui Tsz Wai (2 John)		
			800m	1 <sup>st</sup> runner-up	Tsui Tsz Wai (2 John)		
	Group E	Shatin District Age Group Athletics Meet 2018	School Team	5 <sup>th</sup> runners-up		Wu Hin Ming (1 Matthew) Li Long Yat (1 Matthew) Lee Gei Lok Keiji (1 Matthew) Wong Pui Kit (2 Matthew) Law Chun Kit (2 Mark) Alamdin Osman (2 Luke) Tsui Tsz Wai (2 John)	
					60m	1 <sup>st</sup> runner-up	Wu Hin Ming (1 Matthew)
					100m	1 <sup>st</sup> runner-up	Wu Hin Ming (1 Matthew)
					60m	2 <sup>nd</sup> runner-up	Cheng Ha Yiu Ralph (1 Matthew)
					800m	2 <sup>nd</sup> runner-up	Yu Zhen Feng (5 Matthew)
					Long Jump	1 <sup>st</sup> runner-up	Wong Pui Kit (2 Matthew)
Youth Group	The 33 <sup>rd</sup> New Territories District Athletic Competition	School Team	2 <sup>nd</sup> runner-up	4 x 100m Relay	1 <sup>st</sup> runner-up	Wong Pui Kit (2 Matthew)	
				800m	Champion	Tsui Tsz Wai (2 John)	
個人	慈善 PB 跑 2018 樂心 續 Fun Run 將軍澳站		3 公里	亞軍	徐梓為 (中二若望班)		
個人	慈善 PB 跑 2018 樂心 續 Fun Run 馬鞍山站		10 公里	亞軍	徐梓為 (中二若望班)		

	個人	慈善 PB 跑 2018 樂心 續 Fun Run 大尾督站	10 公里	冠軍	徐梓為 (中二若望班)
	個人	慈善 PB 跑 2018 樂心 續 Fun Run 10公里聯賽	10 公里	冠軍 及銀人獎	徐梓為 (中二若望班)
	少子組	皇者之戰馬拉松	2 公里	亞軍	徐梓為 (中二若望班)
	少子組	力行社與愛同跑2019	10 公里	冠軍	徐梓為 (中二若望班)
<b>Basketball</b>					
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Basketball Competition (Division 1)	School Team	5 <sup>th</sup> runners-up	Chiang Laam (5 Matthew) Fan Lok Sum (5 Matthew) Tsang Wai Lam (5 Matthew) Chao Ying Chin (5 Mark) Woo Cheuk Ying (6 Mark) Tang Hiu Wai (6 Luke) Ng Fong Ki (6 John)
	B Grade		School Team	1 <sup>st</sup> runners-up	Ma Yingyin (2 John) Liu Wun Ki (3 Matthew) Chiu Ho Tung Chelsea (3 Mark) Ko Yi Tung (3 Luke) Wan Chung Yin (3 Luke) Lai Wing Yan (3 John) Li Kam Wing (4 Matthew) Cheung Wing Yan (4 Mark) Au Yeung Lok Yin (4 Luke) Tsang Hang Shuen (4 John)
Boys	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Basketball Competition (Division 2)	School Team	4 <sup>th</sup> runners-up	Yu Kai Wing (5 Matthew) Yu Zhen Feng (5 Matthew) Yue King Yiu (5 Mark) Chung Ching Ho (5 Luke) Wong Chiu Shut (5 Luke) Wong Wang Yui (5 John) Cheng Ho Kei Sony (6 Matthew) Ho Ching Kan (6 Matthew) Ko Wai Hong (6 Matthew) Lau Pui Shun (6 Matthew) Chan Ming Sum (6 Luke) Kwok Shing Long (6 Luke)
Boys	C Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Basketball Competition (Division 2)	School Team	4 <sup>th</sup> runners-up	Cheung Tsz Him (1 Matthew) Cheung Tze Kiu (1 Matthew) Lai Ping Kin (1 Matthew) Au Yeung Leong (1 Mark) Tsui Chak Kui (1 Mark) Kwan Ho Chun (1 Mark) Chan Cheung Lai Andre (1 John) Chong Hoi Wai (1 John) Lai Tsz Him (1 John) Si Chun Yin (1 John) Kwong Yu Hin (2 Matthew) Mak King Wai (2 Matthew) Wong Pui Kit (2 Matthew) Yeung Cheuk Lun (2 Mark) Chow Tsz Kit (2 Luke) Hon Chak Shing (2 Luke) Lam Chin Long (2 Luke) Liu Marco (2 Luke) Alamdin Osman (2 Luke) Chau Chun Lok (2 John)
男子	公開組	賽馬會體藝中學 三十週年籃球投籃賽		冠軍	關啟仁 (中四瑪竇班) 劉俊希 (中四瑪竇班) 梁晉熙 (中四馬爾谷班) 陳瀚霖 (中四路加班) 梁進傑 (中四若望班) 余啓榮 (中五瑪竇班) 余振鋒 (中五瑪竇班) 余涇銚 (中五馬爾谷班) 鍾正豪 (中五路加班) 黃釗朮 (中五路加班) 黃泓睿 (中五若望班)

	公開組	賽馬會體藝中學 三十週年籃球邀請賽	亞軍	關啟仁 (中四瑪竇班) 劉俊希 (中四瑪竇班) 梁晉熙 (中四馬爾谷班) 陳瀚霖 (中四路加班) 梁進傑 (中四若望班) 余啓榮 (中五瑪竇班) 余振鋒 (中五瑪竇班) 余涇鈞 (中五馬爾谷班) 鍾正豪 (中五路加班) 黃釗元 (中五路加班) 黃泓睿 (中五若望班)	
<b>Cross Country</b>					
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Cross Country Competition	Individual	7 <sup>th</sup> runner-up	Lee Wing Lui (5 John)
	C Grade		School Team	4 <sup>th</sup> runners-up	Ouyang Lok Yee (6 Matthew) Lam Tsz Ting (6 Matthew) Woo Cheuk Ying (6 Mark) Kwok Shan Shan (5 Matthew) Fan Lok Sum (5 Matthew) Fung Hiu Nam (5 Mark) Li Yat Ching (5 Luke) Lee Wing Lui (5 John)
Boys	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Cross Country Competition	School Team	7 <sup>th</sup> runners-up	Ko Wai Hong (6 Matthew) Chan Yik Yu (6 Mark) Chan Ming Sum (6 Luke) Lee Cheuk Him (5 Matthew) Yu Zhen Feng (5 Matthew) Li Chun Lok (5 Mark) Wong Chiu Shut (5 Luke) Yip Chun (5 John)
	C Grade		Individual	1 <sup>st</sup> runner-up	Tsui Tsz Wai (2 John)
<b>Football</b>					
Girls	Open	Wofoo's School 7-a-side Girls Football Cup (Secondary School Division)		3 <sup>rd</sup> Plate - runners-up	Mak Nga Man (1 John) Chan Wing Yu (2 John) Lai Hoi Yan (2 John) Li Hiu Man (2 John) Li Sze Kuk (2 John) Lo Nga Ki (2 John) Ma Yingyin (2 John) Ng Ming Yuet (2 John) Ng Tsz Yat Abbe (2 John) Tai Sum Yi (2 John) Tsang Hoi Ying (2 John) Ng Man Lee (3 Luke) Tung Nam Ling (4 Matthew)
<b>Long Distance Run</b>					
Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Long Distance Run Competition	Individual	9 <sup>th</sup> runner-up	Lee Wing Lui (5 John)
	B Grade		School Team	5 <sup>th</sup> runners-up	Fan Lok Sum (5 Matthew) Kwok Shan Shan (5 Matthew) Fung Hiu Nam (5 Mark) Li Yat Ching (5 Luke) Lee Wing Lui (5 John)
Girls	B Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Long Distance Run Competition	School Team	4 <sup>th</sup> runners-up	Ma Yingyin (2 John) Wu Ching (3 Matthew) Wan Chung Yin (3 Luke) Lai Wing Yan (3 John) Kwok Ying Tung (4 Matthew) Chan Wing Nam (4 Mark)
	C Grade		Individual	1 <sup>st</sup> runner-up	Tsang Hoi Ying (2 John)
			School Team	2 <sup>nd</sup> runners-up	Wu Tsz Ching (1 Mark) Mak Nga Man (1 John) Chow Long Yi (2 Matthew) Chan Wing Yu (2 John) Tsang Hoi Ying (2 John)
Boys	A Grade		Individual	5 <sup>th</sup> runner-up	Yu Zhen Feng (5 Matthew)
	C Grade		Individual	Champion	Tsui Tsz Wai (2 John)
<b>Rope Skipping</b>					

女子	高中組	三寶盃全港校際跳繩邀請賽 30秒前繩個人速度賽	冠軍	張鎧濛 (中六若望班)
		三寶盃全港校際跳繩邀請賽 30秒單側迴旋雙人速度賽	亞軍	馮曉嵐 (中五馬爾谷班)
		三寶盃全港校際跳繩邀請賽 30秒前繩個人速度賽	亞軍	李逸晴 (中五路加班)
	15歲 公開組	香港個人全能跳繩公開賽30秒速度跳	季軍	曹曉嵐 (中三馬爾谷班)
		香港個人全能跳繩公開賽2分鐘速度耐力跳	季軍	曹曉嵐 (中三馬爾谷班)
		香港個人全能跳繩公開賽指定花式	季軍	曹曉嵐 (中三馬爾谷班)
		全場總成績	季軍	曹曉嵐 (中三馬爾谷班)
	17歲 公開組	香港個人全能跳繩公開賽30秒速度跳	冠軍	梁正純 (中五馬爾谷班)
		香港個人全能跳繩公開賽2分鐘速度耐力跳	冠軍	梁正純 (中五馬爾谷班)
		香港個人全能跳繩公開賽指定花式	冠軍	梁正純 (中五馬爾谷班)
全場總成績		冠軍	梁正純 (中五馬爾谷班)	
男子	初中組	三寶盃全港校際跳繩邀請賽個人花式賽	冠軍	李朗日 (中一瑪寶班)

**Taekwondo**

男子	公開組	香港跆拳道品勢比賽 2019 雙人賽	亞軍	關皓晉 (中一馬爾谷班)
	公開組	香港跆拳道品勢比賽 2019 個人賽	季軍	關皓晉 (中一馬爾谷班)
	公開組	第十屆聯校跆拳道品勢錦標賽	殿軍	關皓晉 (中一馬爾谷班)
	公開組	樂華跆拳道會品勢邀請賽	季軍	陳頌賢 (中五若望班)
	個人黑帶組 15-17歲	全港跆拳道公開賽	亞軍	陳頌賢 (中五若望班)
	個人 15-17歲	第二十三屆亞洲城市跆拳道錦標賽	亞軍	陳頌賢 (中五若望班)
	混雙 15-17歲		亞軍	陳頌賢 (中五若望班)
	少年組	廣東省跆拳道聯賽紅黑或黑帶個人品勢組	冠軍	陳頌賢 (中五若望班)
		廣東省跆拳道聯賽混雙紅黑或黑帶品勢組	冠軍	陳頌賢 (中五若望班)
		廣東省跆拳道聯賽混雙紅黑或黑帶品勢組王中王	冠軍	陳頌賢 (中五若望班)
公開組	第二屆跆拳道品勢挑戰賽暨速度王爭霸戰	冠軍	陳頌賢 (中五若望班)	
女子	公開組	第四屆惠州跆拳道挑戰杯	冠軍	陳映晴 (中五若望班)
	公開組	義禮跆拳道會跆拳道邀請賽 (2018)	亞軍	陳映晴 (中五若望班)
	公開組	義禮跆拳道會 世紀跆拳道會跆拳道邀請賽 (2019)	亞軍	陳映晴 (中五若望班)

**Volleyball**

Boys	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Volleyball Competition (Division 1)	School Team	2 <sup>nd</sup> runners-up	Chan Chi Hin (5 Matthew) Lam Ho Ki (5 Matthew) Yu Kai Wing (5 Matthew) Ng Yu Chun (5 Matthew) Li Chun Lok (5 Mark) Ku Wai Chiu (5 Mark) Wong Pui Kit (5 Mark) Wong Chiu Shut (5 Luke) Ho Ching Kan (6 Matthew) Lau Pui Shun (6 Matthew) Ma Cheuk Pui (6 Mark) Chan Ming Sum (6 Luke)
	B Grade		School Team	5 <sup>th</sup> runners-up	Tsui Ka Hang (2 Mark) Kwok Ho Man (3 Matthew) Wong Cheuk Him (3 Mark) Lau Chun Hei (4 Matthew) Mak Chung Man (4 Matthew) Quan Ian (4 Matthew) Leung Chun Hei (4 Mark)
	C Grade		School Team	1 <sup>st</sup> runners-up	Au Yeung Leong (1 Mark) Kan Yuk Lam (1 Mark) Wong Chun Lung (1 Mark) Yip Wing Ho (2 Matthew) Ho Wing Fung (2 Mark) Lai Felix (2 Mark) Li Ka Long (2 Mark) Yip Pui Ho (2 Luke) Lee Choi Ming (2 John)

Girls	A Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Volleyball Competition (Division 1)	School Team	7 <sup>th</sup> runners-up	Chung Lai Ying (4 John) Chan Wing Hin (5 Matthew) Tam Siu Gi (5 Mark) Wong Ka Yee (5 Luke) Wu Cheuk Kan (5 Luke) Chan Ying Ching (5 John) Ouyang Lok Yee (6 Matthew) Yip Hon Lam (6 Matthew) Ng Lok Yi (6 Mark) Wong Po Lun (6 Mark) Yem Hoi Kiu (6 Mark) Tong Sze Man (6 Luke) Ng Wing Lam (6 John)
Girls	B Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Volleyball Competition (Division 1)	School Team	3 <sup>rd</sup> runners-up	Liu Wun Ki (3 Matthew) Ng Ka Ying (3 Matthew) Poon Hoi Wan (3 Matthew) Fung Tsz Ching (3 Luke) Lai Wing Yan (3 John) Wong Jia Bei Belinda (3 John) Yau Yan Tung (3 John) Tung Nam Ling (4 Matthew) Fong Yee Ting Angela (4 Mark)
Girls	C Grade	HKSSF Shatin & Sai Kung Secondary Schools Area Inter-schools Volleyball Competition (Division 1)	School Team	4 <sup>th</sup> runners-up	Li Seung Wan (1 Matthew) Tsang Cheuk Ka (1 Mark) Wong Sze Kei (1 Mark) Lam Wing Hei (1 Luke) Chau Hyatt (1 John) Chan Chung Yan (2 Matthew) Chong Tsz Shan (2 Matthew) Kong Yi (2 Matthew) Lau Yik Suen (2 Luke)
Boys	公開組	屯門區排球比賽		冠軍	陳銘琛 (中六路加班)
	公開組	北區排球比賽		冠軍	陳銘琛 (中六路加班)
	公開組	全港公開排球錦標賽	甲二組代表	亞軍	陳銘琛 (中六路加班)
	公開組	亞洲 U18 排球比賽	香港代表隊球員		陳銘琛 (中六路加班)
	公開組	大灣區排球比賽	香港代表隊球員		陳銘琛 (中六路加班)

**Outstanding Athlete Award**

**A.S. Watson Group Hong Kong Student Sport Awards organised by A.S. Watson Group**

Chan Ming Sum (6 Luke)

**Biology**

**The Secondary School Mathematics and Science Competition 2018 organised by The Hong Kong Polytechnic University**

**High Distinction (Top 15%)**

Cheung Lik Hang (6 Matthew), Lo Suet Wing (6 Matthew), Tung Ka On (6 Matthew)

**Hong Kong Biology Literacy Award**

**First Class Honour**

Lo Suet Wing (6 Matthew), Pang Leong Chik (5 Mark)

**Second Class Honour**

Cheung Lik Hang (6 Matthew)

**Third Class Honour**

Tse Richard Chi Hong (6 Matthew), Tse King Yiu (5 Matthew)

**Chemistry**

**Australian National Chemistry Quiz organised by The Royal Australian Chemical Institute**

**High Distinction Award**

Ho Chi Nam (5 Mark)

**Distinction Award**

Chan Chiu Yin (6 Matthew), Cheung Siu Hei (6 Matthew)

**The Secondary School Mathematics and Science Competition 2018 organised by The Hong Kong Polytechnic University**

**High Distinction (Top 15%)**

Chan Chiu Yin, (6 Matthew), Cheung Lik Hang (6 Matthew), Cheung Siu Hei (6 Matthew)

**Chinese**

**第七十屆香港學校朗誦節**

詩詞獨誦 (粵語)	季軍	單樂妍 (中四馬爾谷班)
	優良獎狀	施俊賢 (中一若望班)、梁熹珞 (中三若望班)
詩詞獨誦 (普通話)	良好獎狀	梁欣桐 (中一瑪竇班)、錢孝慶 (中一路加班)、麥穎晞 (中一路加班)、 梁嘉蕎 (中一若望班)、溫蕊萍 (中一若望班)、楊嫻燦 (中一若望班)、 林芝彤 (中四馬爾谷班)、余林娜 (中四若望班)、李浚兆 (中五馬爾谷班)
	優良獎狀	麥穎晞 (中一路加班)、朱美妮 (中二路加班)
	良好獎狀	傅曉彤 (中一路加班)

散文獨誦（普通話）	優良獎狀	馬綺薇（中五馬爾谷班）
	良好獎狀	梁嘉蕎（中一若望班）
<b>English</b>		
<b>Hong Kong Young Writers Awards 2019</b>		
New Tales of the Ming Treasure Voyages Wining Entries : Chou Cheuk Yan, Ambrose (1 John), Cheung Ching Po (3 John)		
<b>4.23 World Book Day 2019 English Writing Competition</b>		
Title : The Truth and The Joy Junior Group (English) - Outstanding Award : Wan Yui Ping (1 John)		
<b>Canadian English Writing Invitational Contest (Heat)</b>		
<u>Gold Award</u> Chung Hin Cheung (3 John)		
<u>Silver Award</u> Ng Man Hin Ivan (1 John), Chan Tak Ching (1 John)		
<u>Bronze Award</u> Wan Yui Ping (1 John), Lai Tsz Him (1 John), Chou Cheuk Yan Ambrose (1 John), Liu Cheuk Long (1 John), Kwan Ho Chun (1 Mark), Yiu Wing Shan (1 Mark), Au Yeung Leong (1 Mark), Ho Lok To (1 Mark), Chu Mei Ni (2 Luke), Mak Ming To (3 John), Lee Tsz Long (3 John)		
<b>The 70<sup>th</sup> Hong Kong Schools Speech Festival</b>		
Solo Verse Speaking	Merit	Li Long Yat (1 Matthew), Ng Mei Bo (1 Matthew), Chan Pui Wa (1 Mark), Lam Ho Chun Derek (1 Luke), Lam Wing Hei (1 Luke), Yip Hitomi (1 John), Wan Yui Ping (1 John), Fong Yee Ting Angela (4 Mark), Lam Chi Tung (4 Mark), Lam Yuen Yu (4 John), Yu Lam Na (4 John), Ma Yee Mei (5 Mark), Wong Lok Hei (5 Mark)
Solo Dramatic Performance	Merit	Fan Lok Sum (5 Matthew)
Choral Speaking	Merit	2 John
<b>Information Communication and Technology</b>		
<b>Samsung Solve for Tomorrow 2018 (Secondary Section)</b>		
Merit Award - Tsang Chun Yin (4 Luke), Lee Cheuk Him (5 Matthew), Ng Yu Chun (5 Matthew), Lee Tsun Siu (5 Mark)		
<b>Geocaching Competition organized by the Communication Association of Hong Kong</b>		
2 <sup>nd</sup> runners-up – Chan Wai Nok (5 Luke), Ho Chung Yuen (5 John), Lau Hung Hin (5 John), Leung Kwai Cheung (5 John)		
<b>校際網上問答比賽—知識產權大決鬥</b>		
個人優異獎 — 周晞然（中一若望班）		
<b>Mathematics</b>		
<b>The Secondary School Mathematics and Science Competition 2018 organised by The Hong Kong Polytechnic University</b>		
<u>High Distinction (Top 15%)</u> Chan Chiu Yin (6 Matthew), Cheung Siu Hei (6 Matthew)		
<b>The 36<sup>th</sup> Hong Kong Mathematics Olympiad</b>		
<u>Third Class Honour</u> Kam Sheung Ming (4 Matthew)		
<b>The Hong Kong Mathematical High Achievers Selection Contest</b>		
<u>2<sup>nd</sup> Prize</u> Lee Tsz Long (3 John)		
<u>3<sup>rd</sup> Prize</u> Lau Yee Yuen (3 John)		
<b>The 18<sup>th</sup> Pui Ching Invitational Mathematics Competition</b>		
<u>Certificate of Award</u> Ng Man Hin Ivan (1 John), Lo Chung Hong (4 Matthew)		
<b>「華夏盃」全國數學奧林匹克邀請賽 2018（香港賽區）初賽</b>		
<u>一等獎</u> 李祉朗（中三若望班）		
<u>二等獎</u> 胡軒鳴（中一瑪竇班）、陳丹妮（中一馬爾谷班）、鄧承湧（中一若望班）、施俊賢（中一若望班）、巫仲凱（中二馬爾谷班）、黎穎茵（中三若望班）		
<u>三等獎</u> 周詠喬（中一瑪竇班）、王晉朗（中一瑪竇班）、李詠儀（中一瑪竇班）、梁愷童（中一瑪竇班）、余凱文（中一路加班）、李詠誠（中一若望班）、姚卓迪（中二若望班）、周進樂（中二若望班）、梁焯其（中三馬爾谷班）		
<b>2019 港澳數學奧林匹克公開賽《港澳盃》初賽</b>		
<u>銀獎</u> 陳丹妮（中一馬爾谷班）、馬景琛（中一路加班）、施綽韜（中一若望班）、李祉朗（中三若望班）、盧重匡（中四瑪竇班）、林政栩（中四瑪竇班）、甘尚明（中四瑪竇班）、李泳頤（中五瑪竇班）		
<u>銅獎</u> 謝卓峰（中一路加班）、施俊賢（中一若望班）、劉天崇（中一若望班）、周卓嵐（中一若望班）、黎穎茵（中三若望班）、麥洛滔（中三若望班）、廖緯妍（中三若望班）、鍾灝文（中四瑪竇班）、周焯朗（中四瑪竇班）、梁錦雄（中四瑪竇班）、陳穎軒（中五瑪竇班）		

<b>「華夏盃」全國數學奧林匹克邀請賽 2018 (香港賽區) 晉級賽</b> <b>三等獎</b> 胡軒鳴 (中一瑪竇班)、施俊賢 (中一若望班)、鄧承湧 (中一若望班)		
<i>Music</i>		
<b>The 71<sup>st</sup> Hong Kong Schools Music Festival</b>		
Graded Piano Solo (Grade 8)	2 <sup>nd</sup> runner-up	Chiu Hoi Ching (2 John)
Graded Piano Solo (Grade 7)	Merit	Chow Long Yi (2 Matthew)
Violin Solo (Grade 6)	Merit	Sum Yiu Man Anson (1 Luke)
Flute Solo - Secondary School – Junior	Merit	Chow Pak Hei (1 John)
Trumpet Solo - Secondary School – Junior	Merit	Chou Cheuk Yan Ambrose (1 John)
Vocal Solo - Foreign Language Mixed Voice (Second Division) Junior Age 14 or under, treble voice only	Merit	Leung Ka Kiu Leoni (1 John)
Vocal Solo - Foreign Language - Female Voice - Secondary School - Age 14 or under)	Merit	Yuen Ching Laam (3 Luke)
Oboe Solo (Secondary School Junior)	Merit	Chan Lok Ching (3 John)
Trombone Solo - Secondary School – Junior	Merit	Mo Chung Hoi (2 Mark)
Euphonium Solo	Merit	Li Kim Wing (4 Matthew)
<b>The 71<sup>st</sup> Hong Kong Schools Music Festival</b>		
Secondary School Choir - Foreign Language - Mixed Voice – (Second Division) – Junior Age 14 or under, treble voice only	Merit	School Choir
<b>中學大專歌唱比賽</b> 最具潛質獎 — 孫佩欣 (中五瑪竇班)		
<i>STEM Education</i>		
<b>EIE Robotics Challenge Junior 2018 : Flying Robot</b>		
Intermediate – First Class Award		
Fung Ting Wai (4 Mark), members: Yip Po Yi (4 John), Leung Cheuk Ki (3 Mark), Leung Ka Yu (3 Luke)		
<b>Electric Vehicle Summer Camp Organized by Academy for Bright Future Young Engineering, Hong Kong University Science and Technology</b>		
<u>Champion</u>		
Ho Ching Kan (6 Matthew), Chow Yik Wai (4 Matthew), Ho Kong Kuen (4 Matthew), Wong Tsz Hin (4 Mark), Tsang Chun Yin (4 Luke), Lee Cheuk Him (5 Matthew), Sin Pui Lam (5 Luke), Yeung Tin Lok (6 Matthew), Lo Suet Wing (6 Matthew), Tang Ngo Man (6 Matthew)		
<b>Interschool Radio-controlled Car Race 2018-2019</b>		
Individual Prize (Group B) 2 <sup>nd</sup> runner-up – Leung Pik Shing (4 Luke)		
<b>Smart Car Workshop cum Team Challenging Competition organized by Hong Kong University of Science and Technology</b>		
<u>Achievement Level : Gold</u>		
Yiu Cheuk Tik (2 John), Chan Ki Lung (3 Matthew), Chan Chun Yin (3 Luke), Chow Yik Wai (4 Matthew), Lo Chung Hong (4 Matthew), Leung Tsz Hin (4 John)		
<u>Achievement Level : Silver</u>		
Cheung Chi Yu (2 John), Sin Ko Fung (2 John), Tsui Tsz Wai (2 John), Lam Long Hin (3 Mark), Chan Kam Ho (3 Luke), Chung Ho Man (4 Matthew)		
<u>Best Team Strategy Award</u>		
Yiu Cheuk Tik (2 John), Chan Ki Lung (3 Matthew), Chan Chun Yin (3 Luke), Chow Yik Wai (4 Matthew), Lo Chung Hong (4 Matthew), Leung Tsz Hin (4 John)		
<u>Best Team Work Award</u>		
Cheung Chi Yu (2 John), Sin Ko Fung (2 John), Tsui Tsz Wai (2 John)		
<i>Physics</i>		
<b>The Secondary School Mathematics and Science Competition 2018 organised by The Hong Kong Polytechnic University</b>		
<u>High Distinction (Top 15%)</u>		
Cheung Siu Hei (6 Matthew), Choi Pak Him (6 Matthew)		
<b>Distinguished Master Accomplished Students Mentorship Programme organized by The Academy of Sciences of Hong Kong, Hong Kong Academy of Engineering Sciences and Hong Kong Institution of Science</b>		
Chow Yik Wai (4 Matthew) is selected by the organizing committee and his mentor is a famous engineer Ir Dr Otto Poon Lok-to.		
<i>Visual Arts</i>		
<b>“Love Shatin – Love the Environment” Fashion Design Competition</b>		
2 <sup>nd</sup> runner-up – Ng Mei Bo (1 Matthew)		
Creative Award – Liu Wing Ching (2 Matthew)		
Eco-friendly Award – Cheung Ka Yiu (2 Matthew)		
<b>The 2<sup>nd</sup> Jewellery Design Competition for Hong Kong Secondary School Students</b>		
<u>Design Grand Award</u>		
Leung Chi Chuen (2 Matthew)		
<u>1<sup>st</sup> Place Grand Award</u>		
Mak Yan Hei (2 John), Tan King Hei (3 John)		
<u>2<sup>nd</sup> Place Grand Award</u>		
Yau Ka Yuet (3 Mark), Liu Wing Chi (3 John), Tse Hoi Lam (3 John), Wang Wai Yi (3 John), Li Kam Wing (4 Matthew)		
<u>3<sup>rd</sup> Place Grand Award</u>		
Lau Kai Ngai (3 John), Tsang Hei Tung Rachel (3 John), Wong Hiu Yan (3 John)		
<i>Careers Team</i>		



<p>由教育局專業發展學校計劃主辦「聯校升學及就業常識問答比賽」 亞軍 — 譚信謙 (中三瑪竇班)、葉綽琳 (中三馬爾谷班)、尹仲賢 (中三路加班)、梁熹珞 (中三若望班)</p>
<i>Dance</i>
<p><b>The 55<sup>th</sup> Hong Kong Schools Dance Festival</b> Highly Commended Award Huang Jieying (1 Matthew), Wan Hiu Lam (1 Mark), Liu Yi Ting (1 John), Tam Nga Ting Sophie (1 John), Cheng Man Hei (2 Matthew), Chan Yan Pui (2 Mark), Ho Cheuk Laam (2 Mark), Kao Tsz Ching (2 Mark), Chung Wing Ki (2 Luke), Ko Cheuk Chi (2 John), Chong Ka Wai (3 Mark), Lam Yuen Yu (4 John), Yip Sin Tung (5 Matthew)</p>
<i>Moral and Civic Education</i>
<p>由香港律師會主辦「青 Teen 講場模擬立法會辯論」 傑出表現獎及最卓越隊伍 孫佩欣 (中五瑪竇班)、陳駟怡 (中五瑪竇班)、葉恩彤 (中五瑪竇班)、劉雅善 (中五瑪竇班)、 周凝芊 (中五馬爾谷班)、馬綺薇 (中五馬爾谷班)、胡綽芹 (中五路加班)、梁善琳 (中五若望班)</p>
<i>Pastoral Care Team</i>
<p><b>天主教四旬期運動 2019 四旬期愛心學校獎勵計劃</b> 四旬期愛心獎狀 四旬心聲網誌創作比賽 (初中組) 冠軍 — 王瑜銘 (中二若望班)</p>
<i>Red Cross</i>
<p><b>2017-2018 年度團隊獎項：</b> 傑出青年團比賽新界東總部 — 季軍 服務盾 — 總亞軍 服務盾新界東總部 — 冠軍 訓練盾新界東總部 — 亞軍</p>
<p><b>2018-2019 年度團隊獎項：</b> 青年人道法庭 — 最具人道精神獎 新界南區青年急救比賽 — 亞軍 新界東總部青年護理比賽 — 季軍 新界東總部友誼活動創作比賽 — 冠軍</p>
<p><b>青年榮譽章</b> 梁殷朗 (中六馬爾谷班)、林芷靈 (中六瑪竇班)、潘弘諾 (中六馬爾谷班)</p>
<p><b>沙田南區青年急救比賽</b> 最佳隊長 — 譚兆芝 (中五馬爾谷班)</p>
<p><b>青年志願服務</b> 金獎 — 梁殷朗 (中六馬爾谷班) 銀獎 — 陳姿琳 (中六馬爾谷班)、劉雅善 (中五瑪竇班)、黃卓祺 (中五瑪竇班)、楊梓譽 (中五瑪竇班)、譚兆芝 (中五馬爾谷班) 銅獎 — 楊逸濬 (中六路加班)、周益偉 (中四瑪竇班)、劉殷誠 (中四瑪竇班)、林昉誼 (中四馬爾谷班)、余林娜 (中四若望班)、 范慈恩 (中三瑪竇班)、李詩婷 (中三馬爾谷班)、廖綽妍 (中三若望班)</p>
<i>Others</i>
<p><b>The Hong Kong Flower Show 2019, Plant Exhibit Competition organised by HKSAR Leisure and Cultural Services Department – Floral Art by School Children</b> SH4 – Embrace the Future Second Prize - Chik Pui Shan (4 Matthew)</p>
<i>Outstanding Student Award</i>
<p><b>The 14<sup>th</sup> Shatin District Outstanding Student Award organized by Shatin Youths Association</b> Outstanding Student (Senior Forms) – Fan Lok Sum (5 Matthew)</p>
<p><b>2017 Shatin District Outstanding Young People Award Scheme organized by Shatin District Office Home Affairs Department</b> Outstanding Young People in Shatin District – Fan Lok Sum (5 Matthew)</p>
<i>Gifted Education</i>
<p><b>The Hong Kong Academy for Gifted Education</b> <u>Mathematics and Sciences</u> Si Chun Yin (1 John), Cheung Siu Hei (6 Matthew) <u>Leadership</u> Chan Yan Yi (5 Matthew), Ma Yee Mei (5 Mark), Wu Cheuk Kan (5 Luke)</p>